

## **Menu for Blessings in a Backpack**

**TUNA:** Any brand 6 oz. can of tuna in water

**PASTA IN TOMATO SAUCE:** Any brand 15 oz. can of pasta or beef ravioli

**CHICKEN SAUSAGE:** Any brand 5 oz. can of Vienna chicken sausages

**MAC & CHEESE:** Any brand 7.5 oz. can of mac & cheese

**BEEF STEW:** Any brand 15 oz. can of beef stew

**BLACK BEANS:** Any brand 15 oz. can of black beans

**FRUIT SNACK CUPS** (4 pack)

**INSTANT OATMEAL PACKS** (10 per box)

**JUICY JUICE** (8 pack)

**PUDDING SNACK CUPS** (4 pack)

**VARIETY BOX OF GRANOLA BARS** (10 per box)

**RAISIN BOXES** (Medium size – 6 per pack)

**CHEESE AND CRACKERS** (8 per box)

